



Policy & Procedure Development & Review Process

Position Statement Review (every 2-3 years)- *{completed June 2, 2014}*

- ❖ Comprehensive review and discussion of NATA, NCAA, and other professional organization position statements, inter-association consensus documents and/or recommendations, etc., including, but not limited to:
 - Lightning Safety
 - Emergency Action Planning
 - Preventing Sudden Death
 - Heat Illness / Fluid Replacement
 - Sickle Cell Trait
 - Disordered Eating
 - Psychological Concerns
 - Concussion
 - Asthma
 - Type 1 Diabetes
 - Environmental Cold Injuries
 - Cervical Spine-Injured Athlete
 - Skin Disease
 - NATA Board of Certification Facility Standards
 - Managing Prescription & OTC Medications
 - Pregnancy
 - Pre-Participation Physical Exams
 - NCAA Sports Medicine Handbook
 - Others

Emergency Action Plan Review (Yearly / Ongoing)- *{completed July 30, 2014}*

- ❖ Written emergency action plans (review yearly; update as needed) *{completed July 30, 2014}*
- ❖ Catastrophic Incident / Crisis Management Plans *{completed July 28, 2014}*
- ❖ AED locations *{completed July 30, 2014}*
- ❖ American Red Cross CPR / AED for the Professional Rescuer *{completed May 2013; scheduled for May 2015}*
- ❖ Oxygen Administration *{completed July 30, 2014}*
- ❖ Epipen Administration *{completed July 30, 2014}*
- ❖ Metered Dose Inhaler Administration *{completed July 30, 2014}*
- ❖ Mental Health Issues *{completed Spring 2014}*
- ❖ Cervical Spine-Injury management- *{completed May 22, 2014 & May 31, 2014}*
 - No equipment
 - Football *{completed August 12, 2014}*
 - Ice hockey
 - Lacrosse
 - Gymnastics Foam Pit / Unstable surfaces *{completed October 2013 & May 31, 2014; scheduled October 17, 2014}*
 - Confined space
- ❖ Fracture management *{completed July 30, 2014}*
- ❖ Exertional Heat Illness / Sickle Cell Trait / Rhabdo management, including rectal thermometer use *{completed July 30, 2014}*
- ❖ Ambulance Operations *{completed August 12, 2014}*
- ❖ Lightning / Severe Weather *{completed July 28, 2014}*
- ❖ Medical simulator training (if possible)

Policy & Procedure Manual (Yearly / Ongoing)- *{completed July 28 – 30, 2014}*

- ❖ Scope of Coverage / Staffing Model
- ❖ Medical Care / Insurance
- ❖ Substance Abuse / Alcohol Policy *{September 9, 2014}*
- ❖ ADD / ADHD Evaluation
- ❖ Body Composition
- ❖ Athletic Counseling Referrals *{May 2014}*
- ❖ Eating Disorders Management
- ❖ Documentation *{ongoing since May 2014; September 23, 2014}*
- ❖ Concussions
- ❖ Blood Borne Pathogens *{Spring 2014}*
- ❖ HIPAA / FERPA
- ❖ Prescription & OTC Medications *{Pharmacy & DEA Certificate Review by UMHS- September 15, 2014}*
- ❖ Pre-Participation Physical Exams
- ❖ Referrals
- ❖ Outside Medical Consultants
- ❖ Supplements
- ❖ Medical Hardships / Medical Exemption for Counter
- ❖ NCAA Compliance Orientation *{completed July 28, 2014}*
- ❖ Academic Success Program Orientation
- ❖ Sexual Harassment / Sexual Misconduct *{each Team member completed in Spring 2014}*
- ❖ Cleary Act Training *{completed Fall 2013}*
- ❖ Driver's Education Training *{each team member completes upon initial hire}*

New Policy / Procedure Process-

1. Establish need → research; benchmarking
2. Draft Policy / Procedure
3. Review Process *(not all inclusive; not in any particular order)*
 - a. Student-Athlete Health & Welfare personnel
 - b. Team Physicians
 - c. Student-Athlete Health & Welfare Advisory Team
 - d. Sport Administrators
 - e. Compliance Office
 - f. Leadership Team
 - g. Director of Athletics
 - h. Legal Counsel
4. Formal / Final Approval-
 - a. Head Team Physician
 - b. Head Team Orthopedic Surgeon / Chief of Surgical Services
 - c. Associate Athletic Director- Student-Athlete Health & Welfare
5. Implementation Process *(not all inclusive; not in any particular order)*
 - a. Leadership Team
 - b. Sport Administration
 - c. Coaches → coach's meetings; Jump Forward
 - d. Student-Athlete Advisory Council (SAAC)
 - e. Student-Athletes → team meetings; Jump Forward
6. Policy / Procedure Review *(not all inclusive; not in any particular order)*
 - a. Student-Athlete Health & Welfare personnel
 - b. Team Physicians
 - c. Student-Athlete Health & Welfare Advisory Team
 - d. Sport Administrators / Leadership Team / Director of Athletics
 - e. Other

POSITION STATEMENT REVIEW

POSITION STATEMENT	REVIEWER(S)	PHYSICIAN
<ul style="list-style-type: none"> NATA Position Statement: Preventing Sudden Death in Sports^{\$\$} Inter-Association Task Force for Preventing Sudden Death in Collegiate Conditioning Sessions: Best Practice Recommendations^{\$\$} 	Mike Hickey	Hendrickson
<ul style="list-style-type: none"> Inter-Association Task Force on Exertional Heat Illness Consensus Statement^{\$\$} NATA Position Statement: Fluid Replacement^{\$\$} NATA Consensus Statement: Sickle Cell Trait^{\$\$} Sickle Cell Trait 12-Step Program The Student-Athlete with Sickle Cell (NCAA Guideline 2R) ** Exertional Rhabdomyolysis (NCAA Guideline 2T) ** 	Phil Johnson Dan Tocci	Hendrickson
<ul style="list-style-type: none"> NATA Position Statement: Management of Asthma in Athletes^{\$\$} 	Zach Brown	A. Miller
<ul style="list-style-type: none"> NATA Position Statement: Management of the Athlete with Type I Diabetes^{\$\$} 	Melissa Pohorence	A. Miller
<ul style="list-style-type: none"> NATA Position Statement: Skin Diseases^{\$\$} Skin Infections (NCAA Guideline 2J)** 	Joel Pickerman	Hendrickson
<ul style="list-style-type: none"> NATA Position Statement: Safe Weight Loss & Maintenance Practices^{\$\$} NATA Position Statement: Preventing, Detecting, & Managing Disordered Eating^{\$\$} Assessment of Body Composition (NCAA Guideline 2E)** 	Joel Totoro Lisa Hass	A. Miller
<ul style="list-style-type: none"> Pregnancy (NCAA Guideline 2Q)** Participation by the Student-Athlete with Impairment (NCAA Guideline 2P)** 	Christie Miller	A. Miller
<ul style="list-style-type: none"> NATA Position Statement: Evaluation of Dietary Supplements^{\$\$} NATA Position Statement: Anabolic – Androgenic Steroids^{\$\$} 	Caroline Mandel John DoRosario	Housner
<ul style="list-style-type: none"> NATA Position Statement: Emergency Planning in Athletics^{\$\$} NATA Position Statement: Lightning Safety for Athletics & Recreation^{\$\$} Catastrophic Incident in Athletics (NCAA Guideline 1F)** Lightning Safety (NCAA Guideline 1E) ** Emergency Care & Coverage (NCAA Guideline 1D) ** 	Lenny Navitskis Kim Hill	Housner

<ul style="list-style-type: none"> • NATA Position Statement: Acute Management of C-Spine Injuries^{\$\$} • NATA Position Statement: Head Down Contact & Spearing^{\$\$} • Helmet Fitting and Removal (NCAA Guideline 3E)** 	<p>Jeremy Marra Darryl Conway</p>	<p>B. Miller</p>
<ul style="list-style-type: none"> • Inter-Association Recommendations for Developing a Plan to Recognize & Refer Student-Athletes with Psychological Concerns^{\$\$} 	<p>Barb Hansen Tim White</p>	<p>Hendrickson</p>
<ul style="list-style-type: none"> • NATA Consensus Statement: Management of Rx & OTC Medications within the Athletic Training Room^{\$\$} • 8 Principles for Managing Rx Medications in the Athletic Training Room^{\$\$} • Adherence to Drug-Dispensation & Drug Administration Laws & Guidelines in Collegiate Athletic Training Rooms^{\$\$} • Dispensing Prescription Medication (NCAA Guideline 1G)** 	<p>Rick Bancroft</p>	<p>Hendrickson</p>
<ul style="list-style-type: none"> • NATABOC Facility Principles^{\$\$} • Blood Borne Pathogens (NCAA Guideline 2L)** 	<p>Yume Nakamura Beth Remke</p>	<p>Bedi</p>
<ul style="list-style-type: none"> • Inter-Association Consensus Statement on Best Practices for Sports Medicine Management^{\$\$} • Sports Medicine Administration (NCAA Guideline 1A)** • Interdisciplinary Health Care Team (NCAA Guideline 1B)** • Injectable Corticosteroids (NCAA Guideline 2N)** • Use of Local Anesthetics (NCAA Guideline 2M)** 	<p>Paul Schmidt Bill Shinavier</p>	<p>Carpenter</p>

^{\$\$} NATA Position Statements / Consensus Statements / Inter-Association Task Force / Best Practices / Executive Summary

** NCAA Sports Medicine Handbook